

## **EIGHTH SUNDAY AFTER PENTECOST JULY 30TH 2006.**

Dearly beloved:

**N**ext Sunday, July 30th is the Eighth Sunday after Pentecost. The Holy Gospel reading for this Sunday is about Jesus telling to his disciples that those who believe in Him will have Eternal Life. He said that He is the Bread of Life, and He reminded them that their ancestors ate the manna in the wilderness, but they all died. He said, this is the bread, which comes down from heaven, and whoever eats it will not die. When Jesus offers us real life He brings us into a new relationship with God, a relationship of trust, love and obedience. In addition, He offers us real life, which lasts forever, a life of love, fellowship, communion and union with the One who made us out of love to be Him forever.

**J**esus says whoever has not eaten of His flesh and blood has no life in him and whoever eats His flesh and drinks His blood does have eternal life, and that He will raise him up at the last day. When Jesus speaks of life, He is talking about spiritual or eternal life; a life lived in a right relationship with God the Father.

**J**esus can be our Friend, our best Friend. Greater love has no one than this, for which He laid down His life for His best friends. Jesus knows us better than we know ourselves. We can bring our problems to Him and He will sympathize with us and help us.

**T**o refuse Jesus is to refuse eternal life, unending life with the Heavenly Father. To accept Jesus as the Bread of Heaven is the glory in the world to come.

**L**ord, Jesus, you are the living bread which sustains us in this life. May we always live in the joy, peace, and unity of the Father, Son, and Holy Spirit, both now and in the ages to come”.

**Please read the following Bible verses, in preparation for this Sunday's commemoration.**

### **Bible readings for Sunday, July 30th, 2006.**

**(Eighth Sunday After Pentecost)**

#### **Before Holy Qurbana:**

<b>Exodus</b>	-	<b>3: 9-15</b>
<b>Jeremiah</b>	-	<b>7: 21-25</b>
<b>Isaiah</b>	-	<b>52: 1-6</b>

#### **Holy Qurbana**

General Epistles:	<b>I Peter</b>	-	<b>2: 4-10</b>
Epistles of St. Paul:	Hebrews	-	<b>4: 14 5: 5</b>
Holy Gospel:	<b>St. John</b>	-	<b>6: 47-59</b>

With prayers,  
Thomas Alex